

The Tests

Lung function test – measures lung function and capacity. Poor lung function may indicate conditions such as asthma, bronchitis, emphysema, obesity, etc.

Blood pressure check – an abnormal blood pressure can be indicative of problems such as heart disease, propensity to strokes, brain haemorrhage, etc.

Urine test – looks for infection, diabetes, kidney, liver & gall bladder problems, etc.

ECG / Exercise ECG is a recording of the electrical impulses from the heart at rest or during sustained exercise. It plays an essential role in the diagnosis of heart disease, arrhythmia and metabolic disorders. All print-outs are sent to a consultant cardiologist for examination.

Faecal Occult Blood/Stool test – looks for blood in a stool which may be the result of a developing tumour. Early detection can be crucial in the treatment of cancer of the bowel, colon and rectum.

Chest X-Ray – the chest X-ray is used to reveal abnormalities of the heart, lungs and lymph glands within the chest. Certain skeletal problems of the spine and ribs may also be detected.

Blood test – this provides a blood analysis that tests for conditions such as cholesterol, anaemia, diabetes, infections, kidney function, calcium levels and liver damage.

PSA test – tests for a raised level of Prostate Specific Antigen which can be an early and life saving indication of prostate cancer, the most common cancer in men.

Medicals

Premier Health Screen (2 hours): this is the most comprehensive medical available. It includes an exercise or stress ECG in which a patient's heart is monitored during exercise.

Executive Health Screen (75 mins): is a full and detailed medical examination similar to the Premier but with an ECG taken at rest rather than during exercise.

Well Man Screen (45 mins): is a shorter but thorough medical examination that is designed to detect the disorders that are, according to research, most likely to affect men during their adult lives. A detailed medical and family history and medical examination is carried out.

Well Woman Screen (30 mins): is a short medical examination geared towards detecting diseases that are most likely to affect women in their early adult lives. A full gynaecological history is taken which includes a menstrual and obstetric family history.

Well Woman Plus (45 mins): is designed to provide a thorough medical examination to detect disorders that most affect women in their adult lives. It is more extensive than the Well Woman and includes extra tests such as a blood test, ECG and lung function test.

Pre-Employment Medicals (30 or 75 mins): are medical examinations in which the doctor acts as an agent of the prospective employer. The examination will be carried out by a doctor who has not previously been a carer for the patient. A report will be submitted to the company in an agreed format.

Cardio-Vascular Risk Assessment (15 mins): is a short medical that seeks to determine a person's cardio-vascular risk from a series of short tests and medical/family history.

All tests in each medical are carried out by the examining doctor. This allows the patient more time to raise concerns and discuss them in a relaxed and informal environment.